

THE EGO 1956



"THE EGO" 1956



Dedicated
to
the memory of
ANITA SWANSON
Class of 1957 A
Passed Away August 14, 1955

—1—

MENTAL HEALTH IN BRANDON AND DISTRICT

Stuart Schultz, M.D.

The centre of the Mental Health Organization in Brandon and district is the Brandon Hospital for Mental Diseases. This hospital was founded in 1892 and has undergone a progressive development since that time. During the year 1955 the average daily population was 1665 patients. During the year there were 312 admissions and 261 discharges. The hospital personnel consists of a staff of 400—physicians, nurses, attendants, domestic and maintenance staff.



Medical Superintendent

The hospital is well known for its activity as a training centre for hospital personnel in all branches of the service; no less than seven courses being carried on in the Training School. It has an active Research programme and seven major articles were published in Canada, United States and Great Britain. Psychiatric treatment is modern in nature and intensive. For example, insulin shock therapy shows 5,464 treatment days, electric shock therapy reveals 6,765 shock treatments given in addition to intensive treatment with Largactil and Reserpine.

The Activity Therapy Department has stressed recreation recently but there is also a great deal of work done when one realizes that the sales from this department this year were approximately \$30,000. The Leucotomy programme over a period of 14 years has been successful to the extent that 60 cases that did not respond to any other form of treatment were rehabilitated.

The Child Guidance Clinic and Outpatient Department is extremely active. In the first department 359 children were seen and in the latter department 309 adults, making a total of 668 individuals examined. The value of this department is that the behaviour problems of children, and early abnormalities of adult behaviour are dealt with, before these abnormal patterns become fixed, leading to psychoneurosis and psychosis. The rapid expansion of this department is ample evidence of the tremendous importance that the public places on this service to the community.

TO THE GRADUATING CLASSES

Mrs. J. H. B. Hannah, R.N.

In contemplating all that I would like to say to you, how to express the thoughts and ideals that perhaps we did not manage to convey in the time you've been with us—I decided to begin with "A Prayer" by St. Francis of Assisi. This prayer, though all of 700 years old, is needed as much, if not even more today, than in that far yesterday.

"Lord, make me an instrument of Thy Peace!
Where there is hatred—let me sow love
Where there is injury—pardon
Where there is doubt—faith
Where there is despair—hope
Where there is sadness—joy!
O Divine Master, grant that I may not so much seek
To be consoled—as to console
To be understood—as to understand
To be loved—as to love, for
It is in giving—that we receive
It is in pardoning—that we are pardoned.
It is in dying—that we are born to eternal life."



Supt. of Nurses

We should all feel a sense of responsibility to work for the corporate good of all. If your life is motivated with the vital purpose of doing all you can for others; you will actually begin to live some of your heaven on earth. You will stay young in spirit and you will develop a gaiety of heart that will carry you through many trying circumstances. All people want to be truly loved and not just tolerated. As you grow in love for others you will find your horizons expanding and your power for good increasing. Even your sense of proportion will grow as you take yourself less seriously and others more seriously.

Nursing is your profession—your means of earning a living and your means of serving God through your fellow men. It is a privilege to have unfortunate people placed in your care and in your confidence. Each patient is a treasure chest of opportunity for the nurse. She has within her grasp a tremendous force for good. And what of those patients that seemingly only a mother could love? Keep this thought in mind when attending them — If you changed places, could this patient, as a nurse see something to love in you, and be tactful, gentle and kind? Fulfill to the fullest measure possible, the purpose for which you were created: to love God above all things and your neighbor as yourself. The happiness, the enjoyment, the satisfaction you get in nursing—depends on *you*. You are important and you do count! No matter who you are or what you are or where you may be; you can make the world itself at least a tiny bit better because you are in it. Live as if you were to die tomorrow. Whether you have lived enough depends not upon your years but upon your inner self. Your position in itself may seem quite unimportant but you can make it of the greatest importance by the role you play in it. Do not necessarily seek to go up the ladder to material success in life, but rather go deep into life—Learn as if you were to live forever. The great thing in this world is not so much where we stand, as in what direction we are moving. To reach a desired port we must sometimes sail with the wind, and sometimes against it. Learn to disagree without being disagreeable. Also keep in mind that complaining and criticizing accomplish little or nothing. You should spend your time improving; not disapproving—because you know that "it is better to light one candle than to curse the darkness." The speck of light produced will be greater than all the darkness around it—That is how it is with us. The least of us, no matter how seemingly insignificant, is like a pinpoint of light in the darkness, and is therefore greater than all the encircling gloom. All that is needed to remove the rest of the darkness is to multiply that speck of light—darkness disappears in the same proportion as light is added. It is as simple as that. Reflect on this. Put it into practice and you will have the pleasure of knowing that in however small a measure you are building—not destroying.

There are events in one's life that can be expressed as "high lights." It is our hope that your years as students in this School of Nursing will always be memorable ones. God bless you one and all.

THE MEDICAL STAFF



BACK ROW, Left to Right: Doctor Martin, Doctor Cziller, Doctor Schlichter. FRONT ROW, Left to Right: Doctor Tyndel, Doctor Gill, Doctor Trotter.
MISSING FROM PICTURE: Doctor Schultz, Doctor Bristow, Doctor Forster.



Doctor Grossman, Doctor Lapko

To us they have given:

M edical advice
E ducation
D irection
I nspiration
C orrection
A ssistance
L oyalty

S upervision
T houghtfulness
A cceptance
F acts
F un

THE OUT-PATIENT AND CHILD-GUIDANCE DEPARTMENT

By William Forster, M.B., B.S., D.P.M.

Mental ill-health is a problem of vast magnitude. The necessity of its prevention or early treatment is obvious. The out-patient and child-guidance department of the Brandon Hospital for Mental Diseases has been established to help meet the problem: to deal with childhood disturbances which might lead to adult neurosis or psychosis, and to treat both adults and children short of hospital admission.

The clinic is housed in a cottage in the hospital grounds, and staffed by a psychiatrist, psychologist, social worker and secretary. Adults are seen in consultation with the family doctor; but children may be referred from any source provided the parents give consent. Children are referred mainly by family doctors, parents, teachers, health units, welfare bodies, and occasionally the juvenile courts.

The most frequent problems met with in children are backwardness at school; personality difficulties such as excessive shyness; aggressiveness; speech disorders; anxiety states; enuresis; encopresis; and all types of behaviour disorder. Epileptic states, organic cerebral conditions and juvenile psychoses make up the remainder. Adults present with neuroses, early psychoses, and various difficulties in adjustment to themselves, to marriage or to society.

Examination of each child takes around two to three hours, and includes routine Electroencephalogram, investigation of the family by the social worker of P.H.N., administration of a battery of ability and personality tests by the psychologist, and formal psychiatric examination. A staff conference follows in order to outline treatment. This may range from simply advising the parents or teacher how to handle the problem, to remedial training for a reading disability or play therapy or psychotherapy over several months for more serious disturbances.

In addition to work in Brandon and district the clinic visits Neepawa, Virden, Rivers, Dauphin, Swan River, and Flin Flon. Here its role is diagnostic and advisory, and suggestions may be given to the doctor, P.H.N., parents or teacher on handling the problems they submit.

Routine intelligence tests (last year over 1600) are carried out in the schools to assist teachers in assessing their pupils. Similar tests of ability, designed for infants, are performed to assist the Children's Aid Society assess their cases for adoption.

The majority of adults attending the clinic are suffering from some form of neurosis. They are treated by psychotherapy for the most part, efforts being directed towards helping them understand themselves so that they can deal with their problems realistically. The majority suffer from an anxiety state—probably the commonest chronic ailment of modern times.

Early depressions form another relatively large group attending the clinic. They are treated by electro-shock on an out-patient basis, either from home or the Brandon General Hospital.

The aim of the clinic is essentially *prevention*: prevention of childhood disturbances from turning into adult disease, and prevention of adult neuroses or early psychoses from progressing to hospital admission. The graph which shows the number of cases seen in the clinic is taking a steady upward course. We like to feel that this is not only the result of the reputation of the psychiatric work of the hospital as a whole but also of a more enlightened attitude of the public towards psychiatric disorders.

The Teaching Department



Miss Patricia Beecher
Director of Education

TO THE TEACHING DEPARTMENT

"Learning is like mercury, one of the most powerful and excellent things in the world in skillful hands: in the unskillful, the most mischievous."

—POPE—

Miss M. Turner
Science Instructress



Mrs. L. McDonald
Nursing Arts Instructress



Mrs. I. Barrington
Psychiatric Nursing
Instructress



To the Teaching Department

To you, the Teaching Department of our training school, We, the Graduating Classes would like to say "Thank You."

- Thank you for being so patient when it must have been so difficult at times.
- Thank you for not laughing too uproariously at some of our silly mistakes. We can laugh now, but then we were just a little touchy.
- Thank you for being so understanding.
- Thank you for giving so unselfishly of your own time for those badly needed extra classes.
- Thank you for being so tolerant—those occasional naps did require much tolerance.
- Thank you for showing us that learning never ceases, but that one must always pursue more knowledge and learning if one is to succeed.
- And lastly, we would like to thank you very sincerely for moulding our learning with such skillful and capable hands, but our emotional and professional development as well.

"THANK YOU"

Shirley White.

Lord, give us the strength and grace
to carry through the years: all that is required — —
and even more.
This hard and proud world silently awaits its great moment
to grasp and mould to its favour.
Thus, let our humble yet sturdy tasks take arms
and defeat our foes.
Let not great ambitions be our Master,
yet let not our aims be low; hence to pass into nothingness.
Condemn not our follies, but illuminate the opportunities that await us
and trust to action, endurance, and patient perseverance.
Let our worth be determined by the good deeds we do, rather than
by the fine emotions we feel.
Breed in us temperance, self-control, diligence, strength of will,
content — — and a hundred other virtues,
Which the idle never knew.
May difficulties be our best instructors, mistakes our best experience.

B. J. Curran

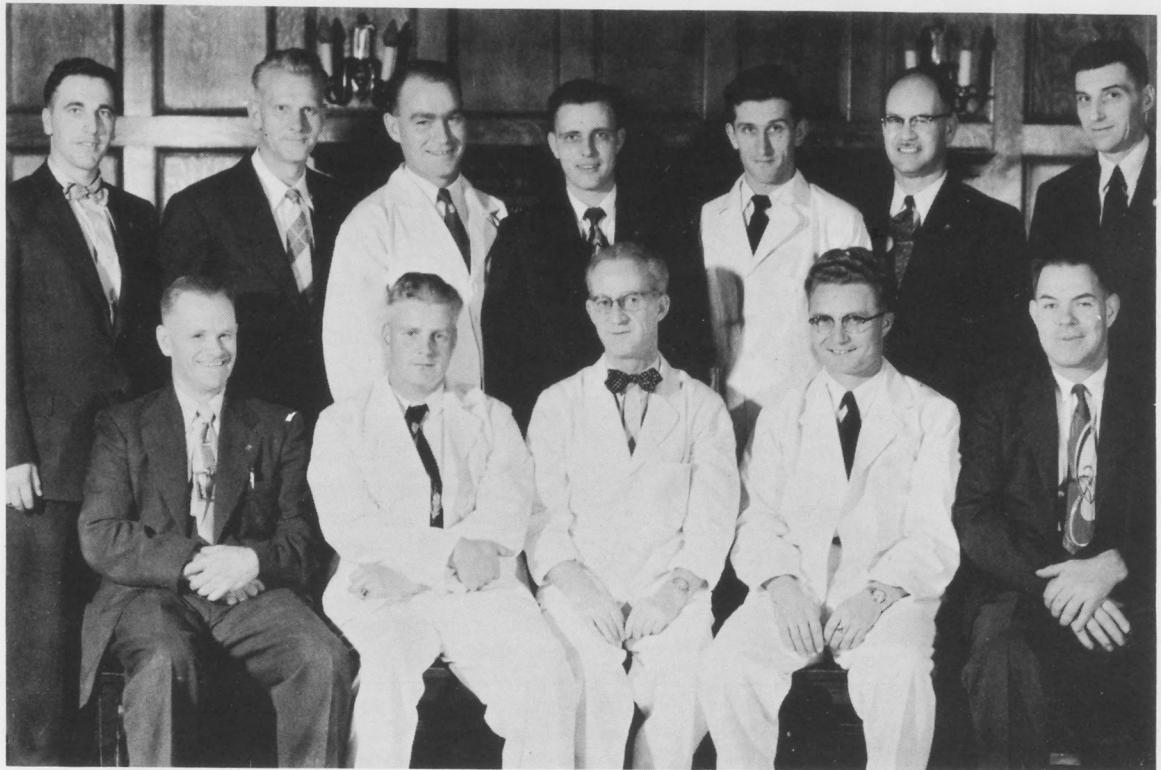


BACK ROW, LEFT TO RIGHT: Mrs. H. McDonald, Miss M. Drummond, Miss P. Gardipie, Miss H. Derksen, Miss G. VanDyck, Miss C. Allen, Mrs. M. Kindrat, Miss E. Thiessen. FRONT ROW, LEFT TO RIGHT: Mrs. Trotter, Mrs. M. McDonald, Mrs. E. Bridgeman, Mrs. D. Helgeson, Mrs. L. Anderson, Miss M. Shutt.

THE GRADUATE NURSING STAFF



Miss Evelyn MacKenzie
Assistant Superintendent of Nurses



Back, L. to R.—Mr. Lindberg, Bekkering, Creaser, Smith, Holleman, Bunch, Belecki.
Front—Mr. Gibson, Forsythe, Jones, Blocka, Black.

THE GRADUATE ATTENDANT STAFF

Mr. Turner

Chief Attendant



VALEDICTORY 1956

Mr. Chairman, Dr. Schultz, Distinguished Guests, Members of the Faculty, Graduates, Ladies and Gentlemen.

I am sure that all of you are fully aware that a Valediction is a parting or farewell oration. I am not an orator by any stretch of the imagination, but I want you to know that everything I have to say is said in all earnestness and comes from the very bottom of my heart.

To be chosen Valedictorian of these graduating classes representing the nurses, laboratory staff and male attendants fills me with mixed emotions. I feel very proud and honoured, on the other hand I feel very humble.

Graduation has finally come. As we looked forward to this event at the beginning of our course it seemed to be on the distant horizon. There were times when this objective was clouded over, but from somewhere came that ray of hope that spurred us on. Tonight we are proud and happy that we did not falter. We have achieved our great ambition. We have equipped ourselves to do a special service to mankind. Our greatest endeavour is yet to come but all of us have reached our first milestone. I think all of us, each in his own way, is humbly grateful. We are now ready to take our places in our chosen field of work. By now we can assume that we have sufficient training to work in co-operation with the doctors, nurses, and other members of the staff to the best of our ability, with one thought in mind—the betterment of the patient with whom we are to work. I think the old proverb is applicable here: "anything worthwhile doing is worth doing well."

Graduation means our classroom days are over but many delightful memories will remain. Our friendly associations with the medical and teaching staff and with each other in the classroom are of great significance. We will forever cherish the memories of lectures and examinations, the moments of joy and "sorrow" in the days of our studies.

To those who contributed to our training we are greatly indebted: to Dr. Schultz, the members of the medical staff, the supt. of Nurses, the teaching staff, senior members of the laboratory staff, and the chief attendant. We wish to thank you most earnestly and sincerely. It was not always easy for you to give of your time and effort. The many benefits reaped by us from your work will be remembered for years to come.

To our parents, friends, and anyone else who contributed to our training we also say "Thank You." May your efforts not have been in vain. It is our wish that in the days that lie ahead we will make a contribution to mankind that you people can be justly proud of. May we never let you down.

As graduates of the Brandon Hospital for Mental Diseases we are grateful with the good attendance here tonight. This, ladies and gentlemen, is a great encouragement to all of us, for it displays your interest not only in the graduation exercises, but also in the work for mental health being carried on in your city. May you continue to support the great work being done for mental health not only in Brandon but across our country.

And now, ladies and gentlemen, the time has come to say, "Farewell." I do so with deep regret and a heavy heart. To every member of this class, whater his calling—to those who will remain here and to those who are leaving for other fields of work—good health, good luck, and God's speed. May we all enjoy a full life of peace, happiness and contentment.

And with God's help I am sure we shall not fail to find success.

Cameron R. Fordyce.

The Florence Nightingale Pledge

I solemnly pledge myself before God and in the presence of this assembly to pass my life in purity, and to practice my profession faithfully. I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping, and all family affairs coming to my knowledge in the practice of my calling. With loyalty will I endeavor to aid the physician in his work and devote myself to the welfare of those committed to my care.

THE GRADUATING NURSES 1956

"With unrelenting crescendo, the symphony of a life replete with melodic progression, hastens to its finale. And a friendship that is ours to share, with its "largos" and "allegros" moves ever-lasting: onward, in sweet memories."



Miss Olga Andronyk
Roblin, Manitoba

There is a destiny that makes us brothers,
None goes his way alone,
All that we send into the lives of others
Comes back into our own.

—Markham.



Miss Evelyn Ashford
Ponoka, Alberta

What is this I hear of sorrow and weariness
Anger, discontent, and drooping hopes?
Degenerate sons and daughters,
Life is too strong for you—
It takes life to love Life.

—Edgar Lee Masters.

Miss Mae Bruhjell
Fort Vermillion, Alberta



Let men's souls be a sphere, and then in this
The intelligence that moves, devotion is:
And as the other spheres, by being grown
Subject to foreign motion, lose their own.

—John Donne

Miss Jean Curran
Dominion City, Manitoba



Open my eyes to visions girt
With beauty and with wonder lit,
But let me always see the dirt,
And all that spawn and die in it.

—Selected

Miss Gertrude Harder
Winkler, Manitoba



Not enjoyment, and not sorrow,
Is our destined end or way:
But to act, that each tomorrow
Find us farther than today.

—Longfellow



Miss Joan Hawking
Ninga, Manitoba

Hope springs eternal in the human breast:
Man never Is, but always to be blest:
The soul, uneasy and confin'd from home,
Rests and expatiates in a life to come.

—Alexander Pope



Miss Sara Kajel
Balatonendred, Hungary

I am a part of all that I have met:
Yet all experience is an arch wherethro'
Gleams that untravell'd world, whose margin fades
For ever and ever when I move.

—Alfred Lord Tennyson



Miss Shirley White
Port la Prairie, Manitoba

Serene will be our days and bright
And happy will our nature be,
When love an unerring light,
And joy its own security.

—William Wordsworth

Miss Elaine Young
Brandon, Manitoba



The happiest heart that ever beat
Was in some quiet breast
That found the common daylight sweet
And left to Heaven the rest.

—John Vance Cheney

Miss Florence Ferguson
Brandon, Manitoba

Happy go lucky, never a care,
That's our "Fergy" everywhere
Now we leave and make a move
To a girl who is in the grove.



Miss Marilyn Furmaniuk
Norquay, Saskatchewan

Here's a girl we all call "Lyn"
She didn't take long our hearts to win
A smile for all, a welcome gay,
Our Lyn really has a winsome way.





Miss Shirley Purpur
Brandon, Manitoba

She's short and cute and full of fun—
And not a person she will shun
Come with a problem, trouble, or fun
Shirley is always the helpful one.



Miss Vera Rezansoff
Toga, Saskatchewan

Vera is a sturdy lass—
A barrel of fun in our quiet class
For a party or weiner roast,
She is the perfect host.



Miss Maxine Warren
Brandon, Manitoba

In all her classes she came first,
If she didn't study her ego would burst
But all in all she's very nice,
And when she thinks, she thinks twice.

The Graduating Attendants — 1956

Besides being a good ward nurse he also nurses his own stomach ulcer, he is interested in raising chickens and his children; used to be a baker and used to own an unpredictably "dry" motor bike.

George Boyce
Brandon, Man.



A typical "bon homme" and native of France, he brings to us much of the "elan" and "joie de vivre" of his beloved "Parees."

Pierre, well-liked and appreciated by patients and staff alike, should easily qualify as one of the more able attendants in the forthcoming tests.

Pierre Cherifi
PARIS, France.



John is the rugged, easy-going type who, nevertheless, can be depended upon to be very firm when the occasion warrants. He appears a cinch to eventually rate as a most able acquisition to the male staff. Also he is an ardent addict and follower of sports in general.

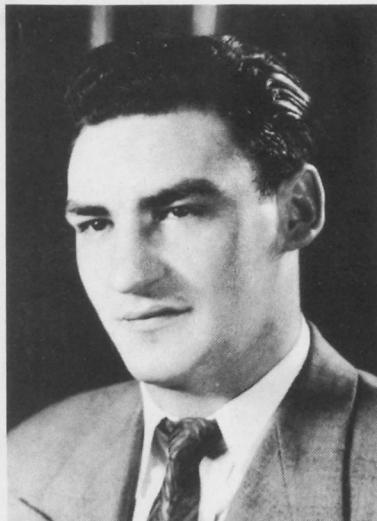
John Druwe
BRANDON, Manitoba.





Courteous, conscientious and attentive to detail, Cam is generally regarded as going concern. He is a native of Brandon, and like the others of the graduating class, figures to shape up as a first-class member of the permanent male staff.

Cameron Fordyce
BRANDON, Manitoba



Dick's first drive appears to be a motorcycle—the fastest, most daring one in Western Canada. An amiable, all-around good fellow.

Dick Helten,
BRANDON, Manitoba.



Ferdinand is married, has one child, and lives in a trailer home—now does that give a guy much opportunity for quiet study? Known among his associates as being quiet, thoughtful and considerate. Possibly the ideal attendant type.

Ferdinand Legare
Brandon, Man.

A Brandon native son is every sense, and is an automotive expert on the side. Figures to be helped more than a little by girl friend—a one-time Barager gold-medalist.

John Sopchuk
BRANDON, Manitoba.



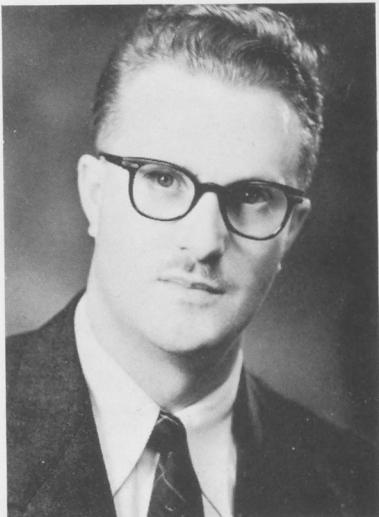
Could be that Saskatchewan's loss is Brandon's gain. Noted as an inveterate class-room debator, he also works the "graveyard" or night shift, which may or may not prove something.

Michael Stringer
BRANDON, Manitoba



This man's influence reaches into every nook and corner of the hospital via soap and broom. He works in the store. This job requires a quiet, conscientious reliable person who is a good worker; driving a Studebaker is optional.

Edwin Opper
Brandon, Man.





This former policeman admits that his prime concern right now is finding a woman with \$5000 (to have for a wife). Girls, he's reported as being a good worker, card shark, chess player, finds black market trafficking profitable—and is building a house—for sale?

Simon Brandstetter
Munich, Germany



This cheerful conscientious father of 2 boys has been here for 3 years and really likes Canada. But he does regret that his chief interest, B.T. and 16 years of experience as an acrobat cannot be applied on West I.

Albert Brochez
Deinze, Belgium

How's this for versatility: 10 years in the navy, a pastry cook by profession; likes to cook and talk, has a family, a cat, a dog, and the biggest car on the grounds—Volkswagen. Is a "going concern" on the ward.

Otto Mueller
Husum, Germany

THE GRADUATING
LABORATORY TECHNICIANS—1956

CLASS AMBITION — TO MEXICO!

Ada *really* does want to go up North, but she keeps getting travel folders from Mexico!

Ada DAWSON — Bowscan, Manitoba



How's this for an ambition—
criminalogical technologist in Cuba!

Jean MORRISON — Brandon, Manitoba





Barbara is our active middle-man, but
have you ever heard of one with a
laugh like a mourning dove?

Barbara OEHLERKING — Whitewood, Sask.



(Selkirk experience)

Patient (at lab. door): Is this the lab?
Anne: Have you got a requisition?

Anne SASYNIUK — Kamsack, Sask.



Lab life has changed Carol — why?
She even swears in an emergency!

Carol SMOOTHY — Wauchope, Sask.



POST-GRADUATES

FROM LEFT TO RIGHT: Miss Susan Harder, Miss Linda Kruger, Miss Marie Enns,
Mrs. Lucile Fowler.

What Are We For?

We are for the further development of Mental Health and prevention of mental disease. We have been guided and influenced by the Medical and Teaching Staff through instructive lectures and films.

Our appreciation and gratitude for the Post-Graduate Course can best be expressed by actively participating in this program.

The Post-Graduates.

Graduating Classes 1955



Orla KNUDSON

Known As: Orla

Known for: Her innocent brown eyes.

Favorite Expression: "It doesn't matter to me."

Pet Peeve: Transportation facilities to Neepawa.

Ambition: To be "Mrs. O."

Loved by us all for her pleasant ways.

In nursing or marriage she'll get straight "A's."



Gail WOOLVERTON

Known As: Gail.

Known For: Her Guy."

Fav. Expression: Let's hitch-hike.

Pet Peeve: To save enough money to set up house-keeping.

Ambition: To explore the world with Guy.

The first of our class to be a wife.

We know she'll have a happy life.



Helen CHERNOFF

Known as: Bigg' Un or Speed.

Known for: Her friendly disposition.

Favorite Expression: Huh! !

Pet Peeve: Short men.

Ambition: Head for the East.

Our tall slim gal who hails from the west

She may be slow but she's one of the best.

Kae KAZAKOFF

Known As: Kaz.

Favorite Exp.: "It's easy you guys!"

Pet Peeve: Keeping one man happy.

Ambition: The North.

Kaz, our Saskatchewan blonde-haired lass,
Considered to be the "brain" of the class.



Carol KENNER

Known As: Kenner.

Known For: Athletic ability.

Fav. Exp.: "I'm beat!!"

Pet Peeve: Insufficient sleep.

Ambition: To save Cliff's money.

Capable outspoken, most always right,
She'll soon be happy as Mrs. White.



Dorothy MULLANEY

Known As: Dot.

Known For: Her jiving and hairdressing ability.

Fav. Exp.: "You don't know, do you?"

Pet Peeve: Her friend's fool hardiness.

Ambition: To be a good nurse and to finish her afgan.

Quiet, serene, and full of fun

She'll give some lad a merry run.





Connie ALLEN

Known As: Red. *Known For:* Her giggle.

Fav. Exp.: "I only had one!"

Pet Peeve: Rules and regulations. *Ambition:* Bermuda.

One making excuses and passing exams

One way or another she gets out of jams.



Olga BARON

Known As: O'Baron. *Known For:* Her wit.

Fav. Exp.: "I'll never tell!!" *Pet Peeve:* Men!!

Ambition: TCA—or hamburger stand on 10th - Rosser.

To all our woes she lends an ear

And at any party she's full of cheer.



Victoria BIELAK

Known As: Vikkii. *Known For:* Her philosophy.

Fav. Exp.: "Oh you're just frustrated!"

Pet Peeve: Training! Late leaves cancelled again.

Ambition: Travel—Australia bound.

A talented girl with an artistic flair.

Always happy if Ron is there.



June SHOEBRIDGE

Known As: Shooie. *Known For:* Her giggle.

Fav. Exp.: "Well, you're not supposed to!!"

Pet Peeve: Studying for exams.

Ambition: To go down east as a stewardess.

Always gay with a friendly smile.

Army camp life is sure her style.



Donnee SMITH

Known As: Smithy. *Known For:* Her appearance.

Fav. Exp.: "Isn't she a sweetie?"

Pet Peeve: Marriage now or later?

Ambition: To be a general duty nurse.

Sweet and pretty with a heart of gold

Stewart's her man, or so we're told.

Ona ARSENYCH

Known As: Arsenic. *Known For:* Her smart "styles."

Favorite Expression: "Isn't easy."

Pet Peeve: RN's.

Ambitions: To get across the border legally

And our gal—such a perfect hostess

If she isn't the best, she's one of the mostest.



Patricia TODD

Known As: Pat. *Known For:* Her natural curls.

Fav. Expression: "Just dandy."

Pet Peeve: Studying.

Amitition: To go places via T.C.A.

Our her-headed gal from Souris, Man.

Who once had a yen for Ninette San.



Donaldalda KENNEDY

Known As: Kennie. *Known For:* Her tall tales.

Favorite Expression: Oh you guys!"

Pet Peeve: Getting up at 6 a.m.

A slender miss with a delicious air.

T.C.A.-bound if Bob doesn't care.



TO THE GRADUATES OF '54 AND '55

Attempts to produce a yearbook in this school seem to be jinxed. Good efforts in '54 and '55 ended in failure.

Therefore, materials, ads and money collected for the previous two books are utilized in this one. It is regrettable that materials burned in '54 cannot be replaced.

Perhaps you can find some pleasure in this book even tho it is different than yours would have been.

Thanks for helping to make this one possible.

LAB. TECH. — GRADUATES OF '55



Back row: L. Seitz, M. Etsell
Front row: S. Johnston, Neil Beek, I. Thom

THE GRADUATE MALE ATTENDANTS, 1955

Back row, L. to R.: Mr. Janzen, McNair, Vandertuin, J. Vermeer.
Middle row: Mr. Hardy, Smith, Fitzpatrick, Bokel, Lindberg.
Front row: Mr. Carter, P. Vermeer, Boyce, Olesko, Hammerlick.



Graduating Class 1954



EVELYN VITTI TOE

LCIS BARBER

VERNA FURNALD

MARGARET HICKLE

MARETTA TRAPP

RUBY ANN LEVERSON

KATHERINE NICOL



A SHORT CHANGE

Tired feet.

No time to eat,

Can't get to sleep.

(Short time later) — new day to meet.

Uniform looks like an unironed sheet.

Wake up patients you just put to sleep,

"Strange," they say, "you look so beat."

You smilingly answer (asleep on your feet):

"Not strange — short change."





MALE ATTENDANTS

GRADUATES OF '54

J. Holleman,

R. Lambert,



G. Buytendorp,

C. Klassen,



K. Creaser,

M. Chicoine,



“CURLY” MAC KAY AND SONS

Brandon Harness Ltd.

R. Beaudette

Congratulations to the Grads

LUGGAGE

SPORTING GOODS

635 Rosser Avenue

Brandon

Phone 2148

Main Building



BRANDON GENERAL AFFILIATES



FROM LEFT TO RIGHT, Misses: A. Walters, O. Nowalkowski, M. Lamb, E. King, E. Hargreaves, S. Baker, F. Reeve, S. Runchy, A. Johnson, F. Archibald, E. Pottinger, D. Potter.

Another milestone of our nurses' training is nearing completion—our orientation to Psychiatric Nursing. We call it "orientation"—as truly that is all it is. We came here filled with questions re mental diseases, their results, treatment, their prognosis, and the nurses' role with these patients. Through lectures we learned of and about the different mental diseases. By talking to, working with, and studying the patients on wards, we saw the results of a mental disease.

Our role as a nurse? Oh, dear, we were completely lost. What' the patient makes his own bed? "Talk to him, even if you are not answered." The patients enjoyed working along with the nurse—and so we slipped into the routine and enjoyed it. Now it is almost time to leave, and it seems as if we are only just grasping the art of Psychiatric Nursing. However, as we leave, it will be with riches that can never be spent.. We will be ready to give of our best throughout our lives. Let us then say, "Thank you All."

Our affiliation at your hospital has been a pleasant one because you have made it so.

DAUPHIN GENERAL AFFILIATES



FROM LEFT TO RIGHT: Miss D. Monson, Miss E. Erwen, Miss A. Ross, Miss S. Nicholson.

This year the D.G.H. students experienced something different and that was our affiliation at the Brandon Hospital for Mental Diseases. Here we received our Psychiatric training which lasted a period of three months. Half of our class affiliated here in January and the remainder of the class beginning in September.

Everything seemed strange at first and no doubt we were a bit anxious when we first went on wards. It did not take us long before we felt at home, as the instructors and fellow students made us a part of their training school. Our classes were most interesting. Here we learned how to care for the mentally ill patients and how to apply our knowledge on the wards. The doctors and instructors very patiently and willingly taught us all the interesting classes which pertained to our course.

So to everyone, we would like to say, "Thank You" for all your kindness during our affiliation. We are sure this will be a memorable part of our training.

CLASS '57 A

Sheila and Terry left Rod and Dave,
Back to training and lives to save.
These two little Mrs. — their talents range
From housework to bedpans — oh what a change!
At Children's in 'Peg — they took a turn
(Though with kiddies Terry has experience to burn)
Out to Ninette — so close to home,
But it snowed night and day — so they couldn't roam
The Grace came next — somewhat of a hurdle
They prepared all those formulas with nary a curdle
At BMH they are back to stay
And you should hear them shout "Hurray!"

Hazel CARLSON

Wiser and surer in her ways
Her good work deserves a lot of praise.

Marie DUNN

A local girl, she is unusually quiet,
But watch out for Dunn, and for her riot,
On wards her manner is so kind,
With knowledge she doesn't lag behind.

Adeline DOWD

Extroversion is her diagnosis
In her work or in her play.
At cheery word in large doses
Will make pleasant a patient's stay.

Audrey SLOYCHUK

Brown eyes with a curly top
In her profession she'll not flop.
An efficient air, and a quick smile
So many people her number dail.

Joyce LEE

A pleasant look, a gleam in her eye—
What more is needed for the patient shy?

Helen WALTER

Walter is the gal for us
You never find her in a muss
Quick and efficient in her way
This girl will never go astray.



BACK, L. to R.: M. Dunn, A. Dowd, J. Lee.
FRONT, L. to R.: H. Walter, H. Carlson, A. Sloychuk.
Missing from picture: Mrs. T. Gibson, Mrs. S. Lennan.



Back row, L. to R.: R. M. Vinck, J. Miles, S. Shanks, R. Murray.
Front row, L. to R.: R. S. Harapiak, F. Moir, M. Sloane, C. Seiler.

PERSONALS — 57 A L.P.N.D.

In B.M.H. garden, flowers and vegetables bloom.
Who are they? They are the class of 57 A. that's whom.

First we have SONIA HARAPIAK, a sweet columbine.
She's honest and friendly and everything fine.

Next comes JACKIE MILES, a little snapdragon
When she's in her tongue's always waggin'!

Then FRAN MOIR, a cute heliotrope
When it comes to knitting or cooking she's no dope.

Here is a fushia, RUTH MURRAY by name
When it comes to barn-dances, she's always game.

Oh, now who is this? CHARLOTTE SEILER, our Swiss miss and daisy.
There's one thing about this flower, she's not lazy.

Here grows SHIRLEY SHANKS, our little snowdrop.
And when it comes to bowling, she's one of the top.

Next we've MARION SLOANE on a sturdy stalk,
Who with the girls likes to talk, talk, talk.

Last but not least, we've MARION VINCK, a lettuce green
If there's anything to be done, this miss is keen.



Class of 1957 B

FROM LEFT TO RIGHT: Miss Audrey Boyd, Boissevain, Manitoba; Miss Grace Johnson, Leroy, Saskatchewan; Miss Shirley Green, Brooksley, Saskatchewan; Miss Selma Gleim, Chaplain, Saskatchewan—missing from picture.

AUDREY BOYD:

From: Boissevain, Man.
Remark: LPND or bust.
Fav. Expression: Sakes Myrtle!
Pastime: Neepawa, here I come!
Pet Aversion: Getting up in the morning.

GRACE JOHNSON:

From: Leroy, Sask.
Remark: Residence would be a lot brighter without the compulsories.
Fav. Expression: What was I saying.
Pastime: New Hairdo's.
Pet Aversion: Anonymous phone calls.

SHIRLEY GREEN:

From: Brooksley, Sask.
Remark: She'll spend years trying to prove she's not dumb.
Fav. Expression: I can't, I too busy!
Pastime: Watching TV on first street.
Pet Aversion: Frenchmen.

SELMA GLEIM:

From: Chaplain, Sask.
Remark: So silent we wonder if anybody else is here.
Fav. Expression: It's a fine kettle of fish.
Pastime: B.C. ??????
Pet Aversion: North Unit.

Class of 58 A



BACK ROW, L to R.: Misses: L. Belhumeur, V. Slaferk, J. Whyte, O. Muzyka, G. Blowatt, E. Brown, H. Mundziakwicz.

FRONT ROW, L. to R.: Misses: D. Bird, Z. Hilash, H. Gulenchyn, C. Hill, A. Erykas.
Missing: B. Teal.

LILLIAN BELHUMEUR — St. Marthe, Saskatchewan.

"They can conquer who believe they can."—Dryden.

DAPHNE BIRD — Neepawa, Manitoba.

"If you would attain greatness, think no little thoughts."—Anonymous.

GRACE BLOWATT — Brandon, Manitoba.

"Good humour is goodness and wisdom combined."—Meredith.

EDITH BROWN — Fielding, Saskatchewan.

"Devout yet cheerful, active yet resigned."—Rogers.

ALICE FRYKAS — Ethelbert, Manitoba.

"Speech is great, but silence is greater."—Carlyle.

CLARA HILL — Brandon, Manitoba.

"Honour and faith and a sure intent."—Kipling.

ZENNIA HILASH — Oak Brae, Manitoba.

"So soft, so calm yet eloquent

The smiles that win, the tints that glow."—Byron.

VIVIAN SLAFEREK — Otthon, Saskatchewan.

"Hoping and waiting is not my way of doing things."—Goethe.

BEVERLY TEAL — Decker, Manitoba.

"A good laugh is sunshine in a house."—Thackeray.

JEAN WHYTE — Melfort, Saskatchewan.

"Cool, unruffled by stress or hurry

Inclined to work, but not to worry."—Anonymous.

HELEN MUNDZIAKWICZ — Eden, Manitoba.

"Nothing great was ever achieved without enthusiasm."—R. Emerson.

CLASS OF M.P.D.'s OF 1958



Back row, L. to R.: Mr. Hicks, Watt, Brochez, Fargey, Slater, Forsythe, Ried, Gibbs.
Front row: Mr. McPhail, Kolatylo, Schneider, Armstrong, Maxwell, Brandstedder,
Mueller.

CLASS OF 58 B



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GRADUATES

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Front row: Misses Bruce, Grieve, Engen.



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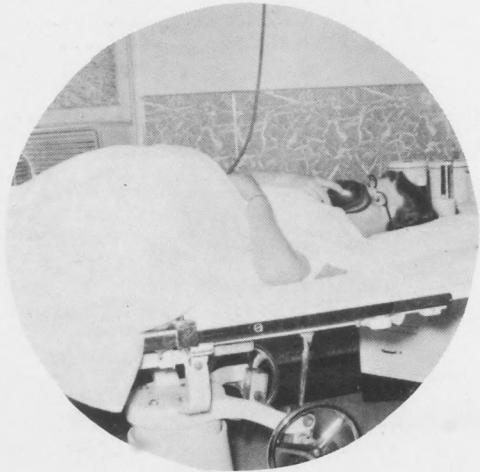
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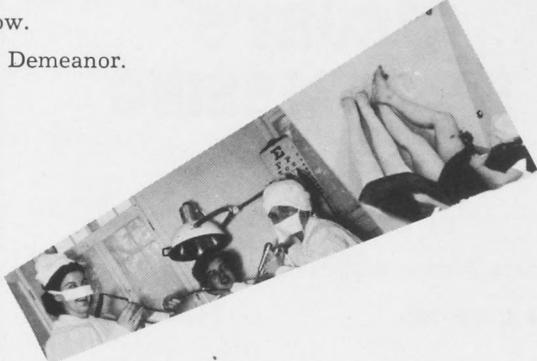
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Among numerous other projects which this hospital is justifiably proud of, is its patient-staff orchestra* which is kept quite busy with weekly practices, bi-monthly dances and an occasional concert. Special mention goes to the Schidlof twins who were among the originators and are now its staunch, unfailing supporters.

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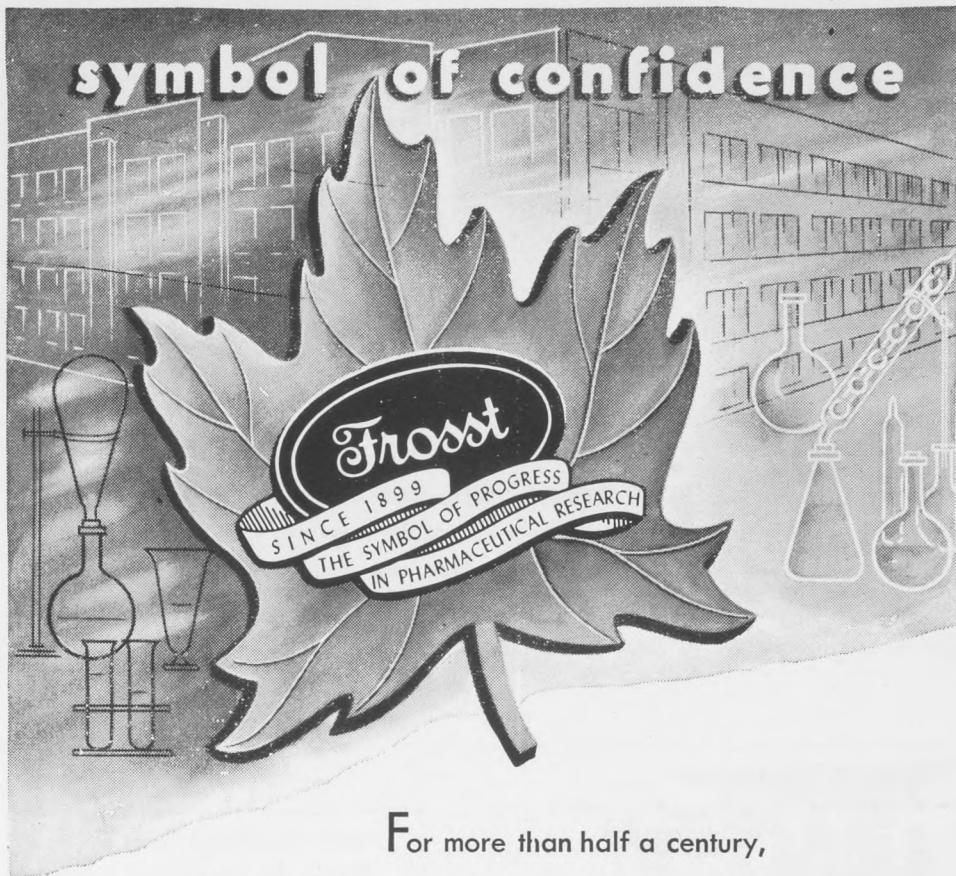
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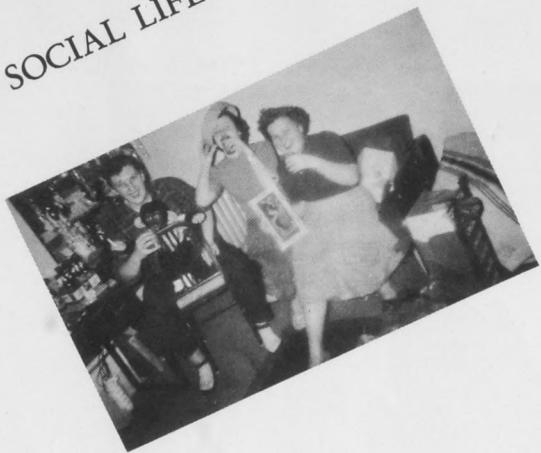
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SOCIAL LIFE



THE TEA:

Soon after the class of 1958 A came to begin their Psychiatric and Practical Nurses' training, a tea was held in their honor to enable them to meet the doctors, supervisors, graduates, and fellow students with whom they will be working for the coming years. During the tea each in turn was introduced to the members of the staff. Lunch was served in the Nurses' Residence lounge.



THE HALLOWEEN DANCE

Under the heading of entertainment comes the Halloween Dance held on Oct. 28 in the residence. Needless to say: "a howling success."



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A DAY IN RESIDENCE

At dawn each morning if you happen to be within hearing distance of the Nurses' Residence you will hear what sounds like a hundred alarm clocks ringing in the darkness. Suddenly you hear the creaking of numerous doors as you encounter many sleepy victims of the early hour in the corridors. From other rooms comes the sound of cold running water, followed by consecutive splashes, telling us that the sleepy eyes have been opened.

About 15 minutes elapse until the doors are again opened and out step refreshed young ladies in crisp white aprons ready to start another day.

At mid-day all steps lead towards the residence where the second most important thought, besides dinner, is the mail. A steady humm is heard at the many tables as the girls chatter about the morning's happenings, or from whom they get the letter.

Following dinner it is not long until 3:30 when most of the girls get off duty and begin to enjoy their own free time.

To most of the clock watchers 8:30 is an important time when the kitchenette-door is opened for the evening. And soon the aroma of toast and coffee floats through the corridor.

During the evening you may stroll down to the sitting-room where you will find the evening-hostess busy with her duties of answering numerous phone-calls and receiving visitors. At eleven her duty done, she winds her way up the stairs, and is free to retire with the others.

Again we hear queer sounds as preparations for bed-time begin.

Finally as the residence settles down for the night the little noises subside and as the lights flicker out one by one the long day is done.

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THE STUDENT COUNCIL

FROM LEFT TO RIGHT: Miss M. Brujhell, Treasurer, Miss E. Young, Secretary, Miss S. Gleim, Vice-President, Miss G. Harder, President.

The enthusiasm of the Student Government is only a reflection of the enthusiasm of every student. This was stimulated in 1955-56 by the interest of the hospital community. Especially encouraging have been the willing guidance of the T.S.O. in the persons of Mrs. W. Barrington and Miss Beecher, the generosity of the M.G.E.A. and the cooperation of all departments which aid us in our activities. We are especially indebted to Mrs. Hannah and the anonymous stenographer for their work in the revision of our five-year-old Constitution. Working with Mrs. Hannah was a valuable learning experience for us.

The Yearbook's condition appears much improved due to continued therapy. Transfusions of the past two years have made this possible. We are only sorry they could not overcome the elements and cause spontaneous recovery last year. It is hoped that the efforts to keep our affiliates informed about the events here at "home" is successful. Thanks to all members for your willing support. It certainly is good to have answers to the Rollcall.

Miss E. Young, Secretary.

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SPORTS ON PARADE

Strikes to spare:

Every Tuesday night the Brandon Bowl echoes with the clatter of falling pins as B.M.H. who participate in the bowling league are out once more for a few hours fun.

Our talents range from professional scorers to booby prize winners. But even our professionals have trouble getting hold of the ball when the conveyor belt plays tricks on us. We are looking forward to another successful and enjoyable year of bowling as we have had in the past year. Good luck bowlers of '56-57!

Vim — vigor — vitality! These are the three necessary for tennis. On a sunny summer day you can see these three V's in action on all five of the well kept tennis courts at B.M.H. For the beginner there are numerous aches and pains but you will find after the first few times, that you will gain a great deal of pleasure and enjoyment from this game.

"Figure 8"

As the first signs of winter come to the north hill, B.M.H. becomes both skating and curling conscious. On any winter evening you may find many of the girls making off to our own ice sheets with the flashing blades or a flexible broom.

O Lord, my God, I dedicate, for Thine own sake,
Myself, to Thee for this great work I undertake.
Take then, thine eyes and teach them how to see
The clearest way to nurse the sick for Thee,
My hands—guard them, and show them how to prove,
How kind and gentle is a nurse's love.
Guide Thou my feet—give swiftness to their tread
In answering every call from the poor sufferer's bed.
Touch Thou my lips, guard Thou my tongue
Uttering only words of kindness to each one.
Gird me with strength that I my task may bear
Help me to play the part of life without a fear—
O Lord, I pray, that coming face to face with death
I may have faith and hope with each one's dying breath;
And when I am a night-nurse, please to guide
My actions—be near my patients and watch by my side.
O Lord, I ask Thee, hear me while I pray—
Be in me—through me—with me—all the way.

Virginia D. Homans

OH!

Before I heard the doctors tell
The dangers of a kiss,
I had considered kissing you
The nearest thing to bliss.
And now I know biology
And sit and sigh and moon,
Six million mad bacteria
And I thought we were alone.



THE YEARBOOK COMMITTEE



FROM LEFT TO RIGHT: Miss Joan Hawking, Mrs. Clara Hill, Miss Shirley White, Miss Vera Rezansoff, Mrs. W. Barrington, Miss Gertrude Harder, Miss Elaine Young, Miss Olga Andronyk.

THE EDITORIAL

Faculty Advisor	Mrs. W. Barrington
Editor	Gertrude Harder
Assistant Editor	Mrs. C. Hill
Secretary-Treasurer	Elaine Young
Features	Shirley White
Photography	Joan Hawking
Advertising	Olga Andronyk
Circulation	Vera Rezansoff

If three and one-half years of training in a hospital for mental diseases, in two general hospitals, in a pediatric hospital, and in a tuberculosis sanitarium have not taught you, get to work on a nursing school yearbook and you will become convinced that life consists of:

1. a need — and *you* must see it.
2. a need — and *you* must find a way of filling it.
3. a need — and *you* must prevent it!

You are wise if you look within yourself for resources to answer life's problems; and you will be called blessed if you can do this happily.

G. Harder

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